

## The Effectiveness of Sexual Education Training on Marital Satisfaction of Veterans with Widens

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### Abstract

**Introduction:** Marital Satisfaction is one of the most important factors in the sustainability of life. Therefore, the purpose of this study was to examine the training of sexual skills on marital satisfaction of veterans' children.

**Method:** The research method is semi-experimental, with a pre-test-post design with a control group of 6 sessions of sexual skills training sessions. The statistical population includes all married women (Fathers of veteran) referring to Shahed counselling center in Mashhad, in year 1395. Among them, 24 were selected through convenience sampling and randomly assigned to two groups of experimental and control. Enrich couple scale by Olson (1994) was used. To analyze the data using software spss18 descriptive statistics (frequency, mean, standard deviation) and inferential statistics of covariance analysis were used

**Results:** The scores in the two groups of test and control in the post-test stage have a significant difference.

**Conclusion:** Results showed that Training of Sexual Skills has a meaningful impact on raising of marital satisfaction, the experimental group rather than the control group.

**Key words:** marital satisfaction" sexual skills training" women (Fathers of veteran)

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