

Survey of Delivery room Stressors according to parturient perspective

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Abstract:

Introduction: Tension and stress resulting from pregnancy crisis and labor which is concomitant with stressful situations and environmental and care factors effect on mothers experience in labour. Therefore in the current study attempted to evaluate stressors in labor ward in parturient women.

Methods: In this descriptive-comparative study 300 primiparous and multiparous women, who had vaginal deliveries, were randomly selected and interviewed. A questionnaire was used. Data were analyzed using by descriptive statistics and sample t-test.

Results: The finding showed that in the primiparous women the mean score for total care factors was higher than environmental factors (Mean= $27/16 \pm 1/14$) and in the multiparous women mean score for total environmental factors was higher than care factors (Mean= $23/09 \pm 1/12$). Comparison of stress intensity in two groups showed that multiparous women had higher scores than primiparous women. Also, Comparison of the means revealed a statistically significant relationship ($p < 0.05$).

Conclusion: According to the different stressors among both groups the results might help medical staff adopt proper measures to greatly alleviate labor stressors in all the pregnant women.

Key words: Birthing Environment" Primiparous" Stressor" Multiparous

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